

## **Get Holiday Party Ready This Month**

As party invitations from work colleagues and your extended network start to roll in, you may be concerned about looking your best. After all, you understand that attending these parties can directly affect your career. Did you know that people who are labeled as attractive are more likely to experience career success? An article in Psychology Today says that people show a [positive bias towards those who are considered attractive](#). The more attractive you are, the higher the likelihood that your colleagues will positively rate important job skills like organization and communication skills.

How others perceive your appearance is important, but how do you feel about what you look like? Do you feel attractive when you look in the mirror? People who feel good in their own skin are more likely to exude confidence at work and other social situations. When you feel good, you can confidently talk with your colleagues and other executives, making you a lot more memorable in the minds of key decision makers.

Don't you want to finally look and feel your best this holiday season? Let us guide you through some of our medi-spa treatments that will help you get holiday-party ready this month.

### **Botox and dermal fillers**

If you thought botox was only for the rich and famous, think again. [Botox treatments in Wilmington, NC](#) are for women just like you -- women who are looking for the extra push they need to create the image that makes them memorable. Botox is simply a muscle relaxant that is injected into areas where you want to diminish your fine lines and wrinkles giving you a more youthful appearance in an hour. Add on a [dermal filler treatment](#) that plumps up fine lines and wrinkles around your nose and mouth to complete your transformation.

### **Laser skin tightening**

Is loose skin around your jaw line, stomach, arms, and thighs keeping you from looking your best in your little black dress? [Laser skin tightening](#) uses infrared light to give you an instant lift without the use of surgery. You can finally be rid of embarrassing cellulite on your thighs and derriere giving you a smoother contour. You can even tighten skin around your knees and elbows, two areas that are difficult to change using diet and exercise alone.

### **SkinMedica TNS Essential Serum**

If you are looking for more youthful and radiant looking skin, then we suggest our SkinMedica TNS Essential Serum. This serum promises to rejuvenate your skin, reduce the appearance of wrinkles, and enhance your skin's tone and texture. It is easy and safe to use on a daily basis on your face, neck, and chest as part of your cleansing and toning regimen.

Let us be your partner this holiday season! Contact our office to find out what combination of services will boost your appearance as well as your self confidence.